

Original Research Article

Professional Values for Standard Practices

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Abstract

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Professional values are root of discipline and practices. Professional values enhance quality of professional life, personal success and quality care. It can't be ignored during standard practices, training and professional life. The aim of this study is assess the professional values for standard practice among nursing practice. A cross sectional study design was used for this research paper. Data was collected through two parts of questionnaires one was demographic and second was nursing professional values-revised (NPVS-R). Convenient sampling technique was used for data collect and 113 participants were included in study. High score of professional values among nursing students indicate that they have high level of awareness about professional values with mean score of 100.19 ± 21.21 . Caring mean value was very high as compared to other variables with mean score of 4.14. Maintain confidentiality of patients, protect legal and moral rights, serve as a patients advocate and safeguard patients' rights are very high score in caring. According to students perspectives caring is most important in their values. Statistical there is no significant relationship among professional values and educational semester ($p > 0.005$). This study shows that professional values among under graduate nursing students are very high. But some values are low. It should need to improve it. Professional values can be improved through culture values, religion, societies and peer group senior, from educator, seminar and institution.

Keywords: Professional values, nursing students, nursing education and standard practices

INTRODUCTION

Professional values enhance the quality of the professional life of nurses, reduce emotional exhaustion and depersonalization, increase personal success, and help make more frequent collaborations with healthcare team members (Cetinkaya-Uslusoy et al., 2017).

Professional values influence on patient safety and outcomes that are critical. Therefore, reasonable to look at the quality of the development of professional values of interest in nursing learning (Caldwell and Miller, 2016). Professional values learned during socialization in nurses from peers, experience in nursing, teachers and code of ethics. Nursing profession covers promotion of health,

prevention of disease, and care of persons who are ill, handicapped, and dying. Advocacy, promote a safe environment, research contribution in health procedure shaping, supervision of patient and health structure, and practices are also important roles in nursing (Al-Banna, 2017).

Trust is seen as the pillar of nursing care and it is a key to the relationship between nurse and patient. It has been suggested that the trust between a nurse and a patient has a positive influence on the results of the care (Haavisto and Jarva, 2018).

Trust is important for all interventions in nursing. The

perceptions of patients' trust in depend on the nurses expertise, to establish relationships and contextual issues. Nurses understand the trust in nursing among client and nurses trusts relationship. Nursing researchers in clinical area controllers, administrators and nurse mentors must talk over during student training and concentrate on meetings with nursing students to certify that nursing professional gain knowledge and establish a trustworthy nurse client relationship (Rørtveit et al., 2015).

The perception of organizational justice can affect the organizational confidence and identity of nurses and whether organizational trust and organizational recognition would enable nurses to stay actively in their jobs and participate in hospitals (Chen et al., 2015).

Professionalism is one of the fundamental concepts of nursing and the product of social and other communication. The quality of care is influenced by nursing professionalism. Professionalization will result in professional satisfaction with one's work, better service delivery and higher quality treatment for customers (Shohani and Zamanzadeh, 2017). Inter professional training is helpful for students to recognize other practitioners for teamwork and cooperation which leads to better patient care and strengthens interaction between health professionals and patients (Mukhtar et al., 2018).

Activism explores facets of duties outside individual experiences with patients, representing the nursing professional's activist position. Nursing is a concern for protecting and promoting safety among people regardless of location. Activism also includes the profession's role in creating a public rule, standard efforts to advance worldwide health promotion, reduce inequalities in health system, participate in nurses' union, and contribute in academic research (Weis and Schank, 2017).

Caring has remained over time and into the practice of today the art and science of the heart of nursing. Time testing has endured that common individual feature is caring. Caring has been proved central and weaved as the actual basis on which the essentials and values of nursing training are based through the discipline of nursing. Administrative environment, difficulties in client care, increase nurses job work and modern technologies have improved notably since the day of Florence Nightingale. However, the care structure is perhaps even more critical for the nursing profession currently from the past. Humble, sympathetic and proficient nurses help to nursing promotion and lead in nursing training (Adama et al., 2016).

Currently nurses need professional ethics awareness and information as standards for providing quality care. The ethical viewpoint of nurses' impacts decision-making and patient care (Poorchangizi et al., 2017). The ethical principles usually assigned to nursing managers impact the attitudes of both staff nurses and nursing manage

(Kantek and Kaya, 2017).

In nursing, importance is critical as it underpins all facets of professional practice. We can have a positive and negative effect on behaviors, which is why it is so important for nurses to know how this can influence patient care (Baillie and Black, 2014).

Professional Nursing Values learned during student professional education is important for the implementation of correct care-giving habits and successful graduation practice. Evidence suggests that there are gaps between practitioners in the interpretation and application of nursing professional values NPV (Chikeme et al., 2019). Effective clinical training and student performance judgment are very significant for clinical education in order to provide patients with high quality health care (Hussain and Shaheen, 2018).

Today's society needs more skilled and ethically trained nurses to carry out healthcare work aimed at the four nursing tasks: treatment, teaching, research, and management (López-Pereira and Arango-Bayer, 2017). The ethical principles of the nurse are expectation of practice and provide the basis for evaluating behaviors (Özsoy and Donmez, 2015). Adequate professional personality helps to establish a sound basis for professional practice (Ibrahim et al., 2019).

Our job is to set the Code standards, but not fair our expectations. They provide direct care to persons, groups or societies or in other roles, such as leadership, academic activities, or research paper; they carry their professional information to tolerate on nursing and midwifery training. The standards and principles laid down in the Code can be implemented in a number of operations, but they are not negotiable or discretionary (Council, 2015).

From a clinical perspective, patients reported more positive health habits, fewer complications, higher quality of life, and more comfortable with treatment when they had greater confidence and trust in their health care provider (Birkhäuser et al., 2017). To strengthen the education of student nurses, theory and practice in the educational and clinical setting are required (Afzal and Gilani, 2019).

An administrator of nursing programs is to focus on improving social growth and professional standards. A role modeling strategy can help convince students of the relevance of these principles by organizing meetings and seminars with schools, leaders of study and public policy programs for national and international nurses. In addition, allowing students the opportunity to criticize, engage in peer reviews, self-assessments, and perform skilled nursing events and activities can help them feel the importance of these values (Rabia et al., 2017).

Contemporary nursing requires strong moral support and common values as nurses in their profession face many ethical dilemmas. Students learn important nursing professional values through their educators appropriate role modeling. Students of nursing ought to be able to

provide moral and competent patient care while seeking to model desired behavior (Riklikiene et al., 2018). Good performance standards are imperative for students. Academic achievement or success is the degree to which a learner, teacher or organization has accomplished its short-term or long-term learning objectives (Mushtaq et al., 2019).

Awareness of professional ethics and its contributing factors that help patients to receive better treatment from nurses and health care professionals. Around the same time, for efficient planning and management, such understanding will be essential for academic administrators (Dehghani et al., 2015).

Significance

- a) This study helps the nursing students to seek awareness about professional values in nursing as for standard practices.
- b) Professional values support the professional identity among students.
- c) It opens the door for other students focus on professional values and their importance in nursing.
- d) Professional values stimulate students to adopt professional conduct, professional responsibilities, support standard practices and provide humanistic care
- e) Professional values motivate students internally to act as professional way of attitude behaviors and manners.
- f) After answer to my research question, if values are low teachers can conduct workshops and seminar to improve the professional values among nursing students.

Study purpose

The basic purpose of this research is to assess the professional values as for standard practice among nursing students.

Research Objectives

- 1) To determine the professional values among students nurse's as for standard practices.

Theoretical framework

Banner's novice-to-expert model was used to describe how professional and practices develop students in their professional carrier. Based on Banner's novice-to-expert model, each level of undergraduate education, an increase in professional nursing values was expected because, as the theory claim, the transformation of professional nursing values is substantially supported

with time and experience in undergraduate nursing students.

METHODOLOGY OF RESEARCH

Design of study

A cross sectional study design was used for this study to identify the professional values among nursing students.

Study Site

The study site was The University of Lahore New Campus.

Study Setting

Study setting was Lahore School of Nursing in University of Lahore.

Target population

Target population was the nursing students from University of Lahore (BSN Post RN and BSN). Approximately 164 students supposed for study population.

Sample size

Use the Slovin's Formula to determine the simple size of study.

- ✓ $n = N / 1 + N (E)^2$
- ✓ Desired sample size = $n = ?$
- ✓ Population = N
- ✓ Margin of error = $E = 0.05\%$ (If we take confidence interval 95%)

Let $N = 164$, $e = 0.05$

So, according to the formula,

$$n = 164 / 1 + 164(0.05)^2$$

$$n = 164 / 1 + 164(0.0025)$$

$$n = 164 / 1 + 0.41$$

$$n = 164 / 1.41$$

$$n = 116.3$$

Henceforth, $n = 116$

$$n = 116$$

Sampling Method

A convenient sampling method was used for this study.

Table 1. Demographic data of the nursing students

Variables		Percentage	Mean \pm SD
Gender	Female	19.5%	1.80 \pm 0.39
	Male	80.5%	
Marital status	Yes	95.6%	1.9 \pm 0.20
	No	4.4%	
Ethnicity	Pakistani	100%	
	Non-Pakistani	0%	
Semester	2nd semester	20.4%	2.32 \pm 0.88
	4th semester	33.6%	
	6th semester	38.9%	
	8th semester	7.1%	
Participation in professional ethical	Yes	39.8%	1.63 \pm 0.58
	No	58.4%	

Research tool

As well-structured questionnaires with close ended, Likert scale adopted to assess the professional values as for standard practices among nursing students. Permission was taken from original author to use their instrument in my study paper. Questionnaire consisted of two parts the first part explain the consent form and demographic data of students in which gender, marital status, ethnicity, semester and participation in professional ethical and the second part of questionnaire was explain the 26 questions in which 05 questions about trust, 03 about justice, 04 about professionalism, 05 about activism and the other 09 questions will express the caring.

A pilot study was conducted with 10 nurses to assess the accuracy of instrument is 0.93.

Data Analysis

Data analysis was done by SPSS version 21. All descriptive statistics was obtained from the SPSS software.

Time frame work

This research will be conducted within 4 months September 2019 to December 2019.

Ethical consideration

Permission was taken from Faculty of Allied Health Sciences, Department of Lahore School of Nursing. Participant's right to fidelity will be assured. The purpose of research was informed to the participants and if they want any other information regarding research they will be guided. Participant's right for autonomy was be maintained. The informed consent was signed by nursing students. Participants were informed that they have a

right to participate or not to participate and they can even withdraw from the research anytime if they want.

RESULTS

The results show that 80.5% of participants was females and 96.5 % was male. 95.6% participants were married. Total 100% participants was Pakistani. Mostly participated students from 6th and 4th semester. Mostly students were not participated in ethical professional session with the rate of 58.4%.

High score of professional values among nursing students indicate that they have high level of awareness about professional values. Trust score among students was very high with the mean value of 4.02. Maintain competency in practice, protect health and public safety, responsibility and accountability in practices very important and most important according to student's perspectives. Justice mean score was 4.11. Justice is most important according to student's perspectives. Justice score indicated that students have justice in their professional values during training. Professionalism mean score was 3.98 and activism mean 3.37. Activism is lower as compared to other professional values. Participate in public policy decision, participated in health related activities, shaping health care policy and participation in professional nursing associations have lower score. Caring mean was very high as compared to other variables with mean score of 4.14. Maintain confidentiality of patients, protect legal and moral rights, serve as a patients advocate and safeguard patients' rights are very high score in caring. According to students perspectives caring is most important in their values.

Pearson correlational coefficient test indicated that there is no significant relationship based on age and professional values. It also indicated that there is no significant relationship among professional values and educational semester ($p > 0.005$).

Table 2. Importance of professional values from the nursing students' perspective

Dimensions	Items	Mean	SD
Trust	Engage in ongoing self- evaluation	3.77	0.89
	Request consultation/collaboration when unable to meet patient needs	4.09	0.76
	Seek additional education to update knowledge and skills.	4.17	0.74
	Accept responsibility and accountability for own practice	4.12	0.76
	Maintain competency in area of practice	3.95	0.72
Justice	Protect health and safety of the public	4.23	0.74
	Promote equitable access to nursing and healthcare	4.16	0.70
	Assume responsibility for meeting health needs of culturally diverse population	3.95	0.68
Professionalism	Participate in peer review	3.84	0.79
	Establish standards as a guide for nursing practice	3.96	0.84
	Promote and maintain standards where planned learning activities for students take place	3.92	0.84
	Initiate actions to improve environments of practice	3.98	0.69
Activism	Participate in public policy decisions affecting distribution of Resources	3.38	0.96
	Advance the profession through active involvement in health-related activities	3.70	1.02
	Recognize role of professional nursing associations in shaping healthcare policy	3.47	1.15
	Participate in nursing research and/or implement research findings appropriate to practice	3.03	1.21
	Participate in activities of professional nursing associations	3.27	1.03
Caring	Protect moral and legal rights of patients	4.00	0.89
	Refuse to participate in care if in ethical opposition to own professional values	4.12	0.72
	Act as a patient advocate	4.31	0.77
	Provide care without prejudice to patients of varying Lifestyles	4.18	0.73
	Safeguard patient's right to privacy	4.25	0.72
	Confront practitioners with questionable or inappropriate Practice	4.22	0.65
	Protect rights of participants in research	4.37	0.72
	Practice guided by principles of fidelity and respect for Person	4.15	0.64
	Maintain confidentiality of patient	3.90	0.85
Total		100.19	21.21

DISCUSSION

A professional value is to focus on improving social growth and professional standards. However, professional values can be improved through culture values, religion, societies and peer group senior, from educator, seminar and institution. It is certainly important to consider the growth of professional principles in the nursing education. In an effort to improve all ethical principles among prospective nurses, a multidimensional strategy should be implemented to uphold nursing quality and improve public awareness (Chisholm-Ford et al., 2016).

Maintain patient confidentiality, safe guarding patient's right, right of client privacy, responsibility to meet health care needs, and maintain competency are in area practice are most important professional values (Fisher, 2014). All of these values related to provide direct care to patients. These professional values can learn during educational environment or under the supervision of well-trained nurse's during clinical setting. Faculty should need discuss these values during their training session.

In this analysis, the least important values from the students' point of view are "participation in public policy decisions affecting resource allocation," "participation in

peer review," "recognition of the role of professional nursing organizations in influencing health care policy" and "participation in nursing research and/or performing research findings relevant to practice (Poorchangizi et al., 2019). Nursing research as important for evidence based practice. It is necessary to participate in professional organization for promotion of health care system.

The reason for the low importance attached to values such as "participation in nursing research and/or the implementation of practicable research findings" may be that nursing students do not acquire the compulsory skills (such as information literacy skills) to apply in evidence-based practices in their educational days (Farokhzadian et al., 2015). Another reason is that during academic days students focuses on their practices not in others session. But these values are important to participate in nursing association and policy making.

Participants (n=158) commented favorably on integrity and altruism claims. There was support for both altruism and religiosity, but the latter was to a lesser degree. Students found their integrity more important than altruism, and depending on the situation, honesty varied (Timmins et al., 2018).

Altruism shaped a sense of doubt and uncertainty, defined as the sovereign expressions of life triggered by

others demand, but also not willingness to take unreserved accountability for others. Civilization's perceptions of altruism and nurses view of their role as a rewarded job clash in advance health care are common. Nurses are not willing to fully respond fully with patients for moral demands. In the event of a misadventure, where nurses may be at risk of personal safety, life and health, there may be logic to question whether the healthcare association will fulfill its responsibilities to provide healthcare to the entire population (Slettmyr et al., 2019). Our study shows that most nurses are girls (86%) between the ages of 20-30 (66%). Of the participants, more than half (64 percent) were appointed staff nurses. 82 percent of the respondents are nurses with a valid undergraduate degree in nursing. More than 80% of the respondents had six years or less of work experience. Just 18% of the respondents had previously taken legal and ethical courses. Our findings showed that the majority (78%) of participants in nursing had poor knowledge of law and ethics. In the present study, knowledge of law and ethics was found to be correlated significantly with younger age (21-30), educational qualification, appointment and work experience (Thirunavukarasu and Velmurugan, 2018).

Study revealed that the professional skills and relational caring qualities of the nurses have emerged as the most essential to build trust. The average scale score was 24.5 ± 3.9 , which means that patients in this hospital had a high level of trust in nurses. Patients in the 50-59 age group and men were statistically higher than in other groups. Responses from patients revealed that "Personal and Professional Characteristics" themes were important in developing trust, but "Mistreatment, Professional Incapacity, and Communication Problem" was important in causing mistrust of nurses (Ozaras and Abaan, 2018).

The maximum professional behavior score was competency and ongoing education, publication and communication was the lowest behavioral score. The results show that greater competence in nursing is significantly associated with the increased interval of nursing practice, a higher level of academic readiness, and the present position as a nursing manager (Tanaka et al., 2016). Maintain competency should never be ignored during training and professional life. Education and communication should be improved during academic career and professional career.

Through educating and gaining knowledge, insight and attitude, as well as some cultural and individual factors, professional values among the students will be established. This topic is highly influenced by the experiences of nursing teachers as they are in a permanent relationship with students. It is very important to pay attention to the perspective of instructors and students, which should be taken into account in the nursing profession (Parandeh et al., 2015).

Implication in nursing

It is necessary that educator should need to provide knowledge to students about professional values, nursing research, management and ongoing education. Professional values enhance professional life of nurses and research provides evidence based practice. Classes, seminar and workshops help to promote professional values. Role model educators can play role to develop professional values among students.

CONCLUSION

This study shows that professional values among under graduate nursing students are very high. But some values are low. It should need to improve it. Overall professional values are high. Professional values are very important apply in patient care and health care setting. These values promote nurses values in global standard.

Limitation

Study was conducted during short period of time. Data collected only one institute so values indicated only one institute no other nurse's values.

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